

Carrier Contact Information

	Group Number	Phone	Website
Medical Coverage			
BRMS (CIGNA Network)	TBD	855.263.9743	BRMS: www.myhealthbenefits.com Find a doc: www.cigna.com
Kaiser CA	600784	800.731.4661	www.kp.org
Kaiser NW (Vancouver)	12535-AA-10	866.868.7220	www.kp.org
Kaiser WA (Tukwila)	1249100	888.901.4636	www.kp.org
Dental Coverage			
Principal	1032619	800.843.1371	www.principal.com
Vision Coverage			
Principal (VSP)	1032619	800.843.1371	www.principal.com
Life & Disability Coverage			
Principal Life/AD&D Principal Vol Life/AD&D Principal LTD	1032619	800-245-1522	www.principal.com
FSA- HC, Dep, Parking & Transit			
Ameriflex	AMFCALHYD	888.868.3539	www.myameriflex.com
EAP			
Telus	632545	800.433.7916	www.one.telushealth.com User Name: calhydro Pword: eap
Legal Shield			
Legal Shield Associate Tony Agurs	131356	925.481.1011	legalshield07@gmail.com
Pet Insurance			
Nationwide	N/A	877.738.7874	www.petsnationwide.com
Voluntary Supplement Lines			
Colonial Life	E7910920	800.325.4368	www.coloniallife.com
Heffernan Insurance Brokers 1350 Carlback Ave Suite 200 Walnut Creek, CA 94596			
Kristen Beeman-Moylan		925.942.4607	www.heffins.com chcbenefits@heffins.com kristenm@heffins.com
Shelley Nicolaus		925.295.2567	shelleyn@heffins.com
Jacqueline Dillon		925.295.2525	jacquelined@heffins.com
Vanessa Jimenez – Habla Espanol		925.279.1814	vanessaj@heffins.com
Jody Eller		503.419.1970	jodye@heffins.com

ANNUAL LEGAL NOTICES

You can access the 2025 health plan compliance notices at the link provided below or by scanning the QR code. The compliance notice packet contains important information regarding various notices such as:

- CHIP Notice
- COBRA General Notice
- Center FMLA Notice
- Genetic Information Nondiscrimination Act (GINA) disclosures
- Health Insurance Exchange Notice
- Mental Health Parity and Addiction Equity Act (MHPAEA) Disclosure
- Newborns' and Mothers' Health Protection Act Notice
- No Surprise Billing
- Special Enrollment Rights Notice
- Uniformed Services Employment and Reemployment Rights Act (USERRA) Notice
- WHCRA Notice
- Medicare Part D Notice

If you prefer a printed copy of the compliance notice packet, please reach out to Heffernan Insurance Brokers to request a copy.

2025 Health Plan Compliance Notice link:

<https://cloud.3dissue.net/28848/28766/29016/119786/index.html>

